

therese42472

logout

MEMBER 1 MONTH

- ▶ Play Pickem FREE
- ▶ Upgrade Now!
- ▶ My Fan Page
- ▶ Member Services

**DYNAMIC DUO** ALL THE WAY TO FRIDAY presented by Nike

Super siblings lead Wichita East against Bishop Carroll

watch now

Rivals.com Home | Network Index

RSS Upgrade | Mobile | Shop

rivals.com

from YAZAFOOLSPORTS

Channels States

Home | Latest News | Message Boards | Database | Football | FB Recruiting | Basketball | BB Recruiting | Baseball | Quick Links

April 23, 2007


# 2009 Girls Basketball Rankings

NorCal Scouting Report

PROSPECT RATING POS HT COLLEGE

- 1 DeNesha Stallworth**  
Pinole Valley High

★★★★★ PF 6-1



Very young for her class and still pretty raw, DeNesha is the top overall prospect in 2009. She is strong, possesses good hands and feet, and she can be a force on the block. Stallworth has a strong lower body. As of right now, she wants to go to her right most of the time and when she is pushed off the block she lacks the offensive game to score facing the basket. If Denesha grows a couple of inches, she will be able to play the 5 in college. If not, she will have to add a face up element to her game.
- 2 Ki-Shawna Moore**  
Sacred Heart Cathedral, San Francisco

★★★★★ PG 5-7

The smooth, smart and steady true point guard for the state champs shows the ability to handle with both hands, set up her teammates and score key baskets when she has to. Several times in the state championship game, she scored big baskets by sneaking inside for weak-side rebounds. She can shoot the 3, and while her mechanics are a concern, it goes in. Not blessed with great speed, she still goes by people. The best part of her game is the ability to make everybody around her better and to rise to the occasion in big games.
- 3 Tierra Rogers**  
Sacred Heart Cathedral, San Francisco

★★★★★ WF 5-11

Long, athletic and explosive are the qualities that come to mind. Tierra can get to the rim and in the open court can be devastating. An excellent defender, she shows great anticipation and can guard the 1 through the 3. The problems in her game include shot selection and the ability to consistently shoot the ball from the perimeter. If her feet are set, she can knock down some shots but the release is slow and her follow through inconsistent.
- 4 Niveen Rasheed**  
Monte Vista, Danville

★★★★★ SG 5-11

A game changing defender who displays great speed and quickness. With tremendous anticipation and reflexes, Niveen can single-handedly disrupt a team's offense. Her high school team played zone and this did not allow her to display her skills all the time. On the offensive end of the floor she has an excellent pull-up jump shot but her 3-point range is inconsistent. Her ball-handling is good but could use some work. She plays the point but we are not sure if this is her best position. Rasheed does however have a knack for making big shots and makes everybody around her better.
- 5 Kayla Griffin**  
Moreau Catholic, Hayward

★★★★ SF 5-11

The top shooter in the 2009 class is a tall, physical athlete who can play the 2 or the 3. The trajectory on her shot tends to be a little flat but it is always right on the money. Kayla has big shoulders and should adapt well to the rigors of college basketball. She needs to work on her handles (left hand) but she makes good decisions and has a quick release on her shot. On the defensive end, she will have to work on her lateral quickness to defend the 2 at the next level.
- 6 Rachael Pecota**  
Palo Alto High

★★★★ CF 6-0

A big rugged wing, Rachel plays hardnosed basketball and has an excellent feel for the game. She can put the ball on the floor and finish around the basket. The strength of her offensive game is her ability to shoot the ball. Not blessed with great speed, she still creates space for herself and can put points on the board in a hurry. The downside of her game is that she displays only passing interest on the defensive end of the floor. She goes for steals and has quick hands but takes off a lot of possessions.
- 7 Kelly Peterson**  
Northgate, Walnut Creek

★★★★ SF 6-0

This past year, Kelly made the transition from post to the wing. The long and lean swingman is an excellent shooter and possesses a great basketball IQ. She made improvements over the past summer and school year. A good rebounder, Kelly has 3-point range and knocked down a lot of big shots for her team. To complete the transition, she will have to work on her handle and get better at taking the ball to the basket. She is a good defender and can defend the 3 and 4, but will need to add strength to defend more physical players at the next level.
- 8 Lindsay Nickel**  
Pinewood, Los Altos Hills

★★★★ SF 5-10

A blue collar player who has a great motor. Not afraid to mix it up, Lindsay has a great feel for the game and a nose for the ball. She will have to be a wing at the next level. She possesses a mid-range game now and shoots the pull up jumper very well. She can also put the ball on the floor to create space. Defensively, she uses her quickness and strength to defend the wing and the post. For her to be a factor at the college level, she will have to become comfortable from the 3-point line.
- 9 Katherine Brown**  
St. Francis, Watsonville

★★★★ C 6-2


When you look at Katherine you see a graceful, elegant athlete. She runs well, has good hands, is a very quick leaper and creates havoc on the defensive end. The strength of her game right now is her athleticism. She can shoot the ball facing up but lacks a back to the basket game. Most of what she gets right now is off the offensive glass. The sky is the limit for Katherine. If she puts in the time, she can refine her offensive skill set. To play the 5 at the next level, she will have to spend time on her technique, defensively and offensively. You can't teach what she has though: size, speed and length.
- 10 Lauren Polansky**  
Branson, Ross

★★★★ PG 5-7

An outstanding on ball defender, she creates problems for opposing point guards. A defensive stopper, Polansky has the ability to take her man out of the game and disrupt the other team's offense. Good in transition, she will have to work on her decision-making and

ADVERTISEMENT

SEARCHING FOR GREAT RATES? [GO](#)



DOLLAR MAKES SENSE. **DOLLAR** RENT A CAR

ability to shoot the ball from the perimeter. Her release is almost a 2-handed shot and lacks any consistency. It is a testament to her quickness that she can get to the rim when she is very limited from the arc.

<b>11</b>	<b>Breanna Ashley</b> Amador Valley, Pleasanton	★★★★	C	6-2
<b>12</b>	<b>Kelsey Byrd</b> Valley Christian, San Jose	★★★★	WF	5-9
<b>13</b>	<b>Lauren Arrowsmith</b> Liberty Christian, Redding	★★★★	SG	5-8
<b>14</b>	<b>Emily Allard</b> Deer Valley, Antioch	★★★★	PF	6-1
<b>15</b>	<b>Katie Bruzzone</b> Acalanes, Lafayette	★★★★	SG	5-10
<b>16</b>	<b>Melody Klock</b> Kennedy, Sacramento	★★★★	SG	5-9
<b>17</b>	<b>Sara Tumulski</b> Piedmont High	★★★★	SF	5-11
<b>18</b>	<b>Camilla Rosen</b> Gateway, San Francisco	★★★★	SF	5-11
<b>19</b>	<b>Dominique Williams-McNac</b> Berkeley High	★★★★	SG	5-8
<b>20</b>	<b>Robnesha Brigham</b> McClymonds, Oakland	★★★★	PG	5-6
<b>21</b>	<b>Airicka Warren</b> Piedmont High	★★★★	CF	6-0
<b>22</b>	<b>Patrice Saindon</b> Deer Valley, Antioch	★★★★	PG	5-3
<b>23</b>	<b>Cheyenne Cathey</b> Sheldon, Elk Grove	★★★★	PF	6-0
<b>24</b>	<b>Erin Grady</b> St. Ignatius, San Francisco	★★★★	SF	5-11
<b>25</b>	<b>Jordan Baca</b> Linden High	★★★★	CG	5-7
<b>26</b>	<b>Deja Mann</b> Merced High	★★★★	PG	5-7
<b>27</b>	<b>Adriana Schiavo</b> St. Ignatius, San Francisco	★★★★	SG	5-7
<b>28</b>	<b>Brittany Jones</b> Montgomery, Santa Rosa	★★★★	SG	5-7
<b>29</b>	<b>Unique Hopkins</b> Kennedy, Sacramento	★★★★	SG	5-7
<b>30</b>	<b>Crystal Peterson</b> Albany High	★★★★	PF	6-0
<b>31</b>	<b>Keyonte White</b> Pittsburg High	★★★★	C	6-2
<b>32</b>	<b>Kayla Froelich Williams</b> Wilton Christian High	★★★	C	6-3
<b>33</b>	<b>Jamie Capoot</b> Wood, Vacaville	★★	SG	5-10
<b>34</b>	<b>Sonia Aguilar</b> St. Mary's, Berkeley	★★	PG	5-7
<b>35</b>	<b>Tiffany Chin</b> Bentley, Lafayette	★★	PG	5-6
<b>36</b>	<b>Danielle Robledo</b> Newark Memorial High	★★	SG	5-6
<b>37</b>	<b>Keleani DeSoto</b> Elk Grove High	★★	SG	5-7
<b>38</b>	<b>Aiwekhoe Okungbowa</b> Monterey Trail, Elk Grove	★★	WF	5-8
<b>39</b>	<b>Ericka Von Kaeppler</b> Castilleja, Palo Alto	★★	SF	5-11
<b>40</b>	<b>Destinee Martel</b> Encinal, Alameda	★★	WF	5-9

Talk about it in the  
[Message Boards](#)