

My day is almost over and what a day it was. When I arrived in Colorado, I felt a combination of excitement, nervousness, and anticipation. I was met by Olympic Officials at the airport and they took me to the training facility. Once I arrived at the training facility, I checked-in, took pictures, got my room assignment, ate lunch (pasta & salad), took a quick nap, and got my official USA gear (shorts, bag, and shirts). Oh my gosh....the training facility is so nice! There are athletes from all over the United States here training for different sports. Michael Phelps was walking right in front me today.

The training sessions went well. Most of the girls here are a minimum of 6feet or taller. The training sessions included drills, running, and scrimmages. I am on a team with Erica Payne, Chiney Ogwumike (Stanford signee), Cassie Peoples, Kayla McBride, and Karla Gilbert.

I just ate dinner (chicken, rice & veggies), took my shower, and brushed my teeth. It's now time for bed, and I am exhausted.

Stay tuned for more updates tomorrow and please keep me in your prayers!

Britt.....